PLAY IT SAFE

LEADERS
SOLDIERS
FAMILIES

- Always swim with a buddy.
- Avoid drinking alcohol before or during any water activity.
- Select swimming sites that have lifeguards on duty.
- Do not use air-filled or foam toys in place of personal flotation devices - they are not designed to keep swimmers safe.

IN THE POOL!

SAFE SUMMER

ARMY STRONG.
U.S. ARMY COMBAT READINESS/SAFETY CENTER
https://safety.army.mil
ARMY SAFE IS ARMY STRONG
A BAND OF BROTHERS & SISTERS