

# DO YOU KNOW YOUR HAND SIGNALS?

**MMP** MOTORCYCLE MENTORSHIP PROGRAM



**Start your engines**



**Stop**



**Go ahead and pass me**



**Bikers ready**



**Hazards on the road**



**Don't pass me**



**Stop your engines**



**Turn off your signals**



**Single riding**



**Left turn**



**Slow down**



**Staggered riding**



**Right turn**



**Speed up**



**Time for a pit stop**



# PRE-RIDE SAFETY BRIEF

U.S. ARMY COMBAT READINESS/SAFETY CENTER

[HTTPS://SAFETY.ARMY.MIL/MMP/](https://safety.army.mil/mmp/)

- **Arrive prepared** (on time, full gas tank)
- **Rider's meeting** (route, rest/fuel stops, lead & sweep rider, assess group skills)
- **Group size** (if necessary break into smaller groups, ideally five to seven riders)
- **Ride prepared** (at least one rider with a cell phone, first-aid kit, tool kit)
- **Formation** (staggered, 2 seconds behind rider ahead, one second to rider in next lane)  
*avoid side-by-side*
- **Check rear view** (if rider falls behind, slow to allow catch up)
- **Separated from group** (don't panic, follow join-up plan, don't speed or ride beyond skill to catch up)
- **Mechanical/medical** (use a cell phone to call for assistance as the situation warrants)