



U.S. ARMY COMBAT READINESS/SAFETY CENTER

Bystanding/Spectating	Includes activities associated with bystanding or spectating regardless of whether on or off duty.
Combat Soldiering	Using/developing skills peculiar to combat. Includes receiving instruction or training in such skills, excludes classroom training. (For example, hand-to-hand combat, slide for life, rope bridge, MOPP, NBC, bayonet training, military operations on urban terrain.)
Communications	Activities related to installing, operating and recovering communications equipment. (For example, Erect/dismantle, lay/string/recover wire/cable, splice wire cables, install/operate/disconnect common equipment
Counseling/advisory	Activities associated with nonsupervisory advice/assistance provided by subject-matter specialists on specific topics. (For example, alcohol/drug abuse, mental health, community services.)
Educational	Includes classroom training. Excludes field settings such as field training exercises and maneuvers. (For example, teach/instruct/brief/counsel student/audience activities.)
Engineering or construction	Those activities associated with surveying, building, erecting, disassembling, or destroying things. (For example, lay/clear mine fields, bridging, quarrying, welding, brazing, roofing, installing electrical wiring, painting, land surveying, demolition, clearing, digging, concrete work, masonry work, dredging, trenching.)
Fabricating	Activities associated with the construction or manufacture of equipment and other products. (For example, making/ modifying equipment/products.) demolition, clearing, digging, concrete work, masonry work, dredging, trenching.)
Firefighting	Activities associated with developing or using firefighting skills. Excludes vehicle operation going to and from the scene. (For example, inspecting, rescuing, salvaging, firefighting.)
Food/drink preparation	Activities associated with preparing, cooking, and serving food/drinks. (For example, preparing food, cleaning food preparation/serving equipment and facilities, cooking food, serving food.)

Food and drug inspection	Activities associated with the certification of conditions, products, and facilities. (For example inspect livestock/ poultry/and so forth, inspect storage facilities, inspect processing facilities, inspect transport and market facilities.)
Handling Animals	Activities associated with handling animals.
Handling/material/passengers	Activities associated with the transportation, distribution, and storage of material or passengers. (For example , distributing/issuing, loading/unloading, transporting/moving/delivering, packing/unpacking/preserving, inventorying/inspecting, weigh/measure, palletize/slingload/rig, retrieve, turn in/store.
Hobbies	Includes activities associated with hobbies, regardless of whether the participation is on or off duty, Army-supervised or unsupervised. Excludes sports. (For example, camping, gardening, wood/metal working, ceramics.)
Horseplay	Spontaneous physical activities not required by duty or mission and not condoned by the Army.
Human movement	Excludes human movement activities listed elsewhere such as sports, maintenance, physical training. (For example, walking, running, jumping, bending/leaning, climbing.)
Information and arts	Activities associated with the processing and dissemination of information. Includes writing, drawing, drafting, and photographing. (For example, taking pictures, printing activities, drafting/illustrating activities.)
Janitorial/housekeeping/ grounds keeping	Activities associated with the upkeep, tending, or cleaning of premises such as grounds, homes, offices, and other buildings; excludes maintenance, repair, or services activities. (For example, floor polishing, buffing, cleaning,
Laundry/dry-cleaning services	Includes activities performed at personal residences, Laundromats, or on-post laundry/dry-cleaning plants. (For example, handling laundry, operating laundry/dry-cleaning equipment.)
Maintenance/repair/servicing	Activities associated with the maintenance, repair, or servicing of equipment and other property; excludes janitorial, housekeeping or grounds-keeping activities. (For example, install/remove/modify equipment, tune/adjust/align/connect, hot metal work, cold metal work, plastic working, soldering, repairing tires, inspecting

	tires/batteries, fueling/defueling, changing/inflating tires, charging batteries.)
Office	Activities associated with the performance of clerical, typing, and administrative-type duties; excludes supervisory activities. (For example, typing/work processing, filing/posting, telephoning, operating office machines.)
Operating Vehicle or Vessel	Activities associated with operating vehicles or vessels under power. (For example, driving, convoying/road marching, towing/pushing, mowing, hauling/transporting, driver testing, flying, vehicle road testing.)
Parachuting	To descend by means of a parachute.
Passenger	Activities associated with being a passenger.
Patient care (people/animals)	Activities associated with the medical treatment, detection, and prevention of disease/injury; excludes experiments, studies, and tests conducted with well people or animals for research purposes. (For example, injection/inoculation, cleaning wounds, medical equipment operations and handling, laboratory equipment operations and handling, changing dressings, lift/position/escort patients.)
Personal hygiene/food/ drink consumption/sleeping	Activities associated with taking care of personal requirements. (For example, personal cleaning, grooming, eating, drinking, sleeping/resting.)
Pest/plant Control	Includes activities performed at personal residences and government facilities; excludes pest control tests and experiments. (For example, prepare/mix/dispense chemicals, inspect, setting traps, baits.)
Physical training	Body conditioning or confidence building activities ⁷ , excludes combat skills development. (For example, confidence course, combat football, combats basketball, push-ball, marches, calisthenics, pugil stick, running/jogging, physical
Security/law enforcement	Activities associated with MP, CID, and other military or civilian personnel performing security or law enforcement rescue duties. (For example, traffic safety, investigating, apprehending suspects, guarding/patrolling, controlling disturbances,
Soldiering	Noncombat activities peculiar to military life; includes receiving instruction/training in such activities; excludes classroom training. (For

example, marching, police call, formation, barracks detail, field sanitation.)

Sports

Includes activities associated with sports, regardless of whether the participation is on duty or off duty, Army supervised or unsupervised, excludes hobbies. (For example, racquetball/paddleball, handball, softball, tennis, soccer, baseball, basketball, football, volleyball, skiing, swimming, scuba diving, golf, boating, hunting, fishing, martial arts, canoeing.)

Supervisory

Activities associated with the management of personnel. (For example, inspection tasks, directing workloads/work crews, monitoring work/crews, planning unit activities.)

Test/study/experiments

Activities associated with the conduct of tests, studies, and experiments on natural or man-made materiel or on human beings or animals for research projects. (For example, preparing for test/study/experiment, performing test/study/experiment.)

Weapons firing

Carrying, loading, sighting, firing, assembling. (For example, emplacing, loading/unloading, sight/aim/target acquisition, elevate/lowering, traversing, fire/discharge/wield/launch/throwing, assemble/disassemble/cleaning, bore sighting, misuse.)