



**SOLDIERS  
LEADERS  
CIVILIANS  
FAMILIES**

# Take 5

**and put down  
that phone!**

## **Don't be Distracted**

- Put your cell phone on silent or vibrate before starting the car
- Modify your voicemail greeting to indicate you are unavailable to answer calls or return messages while driving
- Inform clients, associates and business partners why calls may not be returned immediately
- If you need to talk or text, pull over to a safe location and park your vehicle



**What Have You Done,  
to Save a Life Today?**



**ARMY SAFE  
IS ARMY STRONG**

