

SOLDIERS LEADERS  
CIVILIANS FAMILIES

# Take

*before you  
leave!*

## Headed Out

- Ask neighbors to watch your house while you're gone
- Leave on a low-wattage light at your home
- Take adequate food, water and entertainment for the road
- Have a plan for what to do at your location
- Include 'free time' to reduce stress
- Leave early enough to allow for some rest when you return home



*What Have You Done,  
to Save a Life Today?*



ARMY SAFE IS ARMY STRONG

