

DESIGNATED DRIVER CHECKLIST

Stay **STRONG** Behind the Wheel

REMINDE THE DRIVER:

- ✓ Remain in control
- ✓ Plan for the trip
- ✓ Depart early
- ✓ Be patient and courteous
- ✓ Avoid being "baited" into aggressive driving by other drivers

ROE FOR THE POV:

- ✓ No arguments in the car
- ✓ Take rest breaks
- ✓ Passengers stay awake
- ✓ Shutdown the cell phones
- ✓ Don't eat or drink while driving
- ✓ The designated driver is in charge