



20-048



A 31-year-old Private assigned to Fort Benning, Georgia, died in an on-duty physical training-related mishap 20 May 2020 on the installation at 0715 local. The Soldier was near the end of a 4-mile run when he stopped running. When questioned by a Drill Sergeant, he stated he "didn't feel good" and was lethargic. The Drill Sergeant put the Soldier in the trail vehicle, which took him to the company area about 1/4 mile away. The cadre applied ice sheets and called E911. While in the ambulance, the Soldier went into cardiac arrest. He was pronounced dead shortly after arriving at the local hospital.

Since FY16, the Army has lost an average of one Soldier a year to on-duty physical training-related mishaps. This was the second on-duty physical training-related mishap of FY20.

PLRs are intended to be used as an engagement tool for leaders to discuss the hazards and trends impacting Soldier safety and readiness. The PLR contains only basic information but provides sufficient background to allow leaders an opportunity to communicate risk at the Soldier level. More detailed information on this and other Army mishaps can be found on the U.S. Army Combat Readiness Center website at <https://safety.army.mil/lessonslearned>.

To access current U.S. Army accident statistics and reports, visit <https://safety.army.mil/STATISTICS>.

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Additional U.S. Army Combat Readiness Center PLR resources can be found on the USACRC website at <https://safety.army.mil/PLR>.

