



## 20-077



# Sports, Recreation and Physical Training Mishap Claims One Soldier's Life

A Private assigned to Fort Hood, Texas, died in a training-related mishap 28 August 2020 on the installation at 0700 local. During the individual release portion of a physical readiness training (PRT) platoon run, the Soldier collapsed and lost consciousness. He remained unresponsive and had a core temperature of 102 F as nearby Soldiers assessed his condition. Several minutes later, medics arrived and began CPR. The Soldier was taken to the installation medical center and placed in a medically induced coma. Two days later, he was transferred to another medical center in Temple, Texas, where he remained in a coma and underwent an apnea test as part of the medical protocol. Doctor's removed him from oxygen in attempt to have him breathe on his own, but it yielded no positive results. The Soldier was later pronounced dead by the attending doctor. At that time, the Soldier's family made the decision to remove him from life support. The mishap is under investigation.

Since FY16, the Army has lost an average of one Soldier a year to on-duty sports, recreation, and physical training mishaps. This was the second on-duty sports, recreation, and physical training mishap of FY20.

*PLRs are intended to be used as an engagement tool for leaders to discuss the hazards and trends impacting Soldier safety and readiness. The PLR contains only basic information but provides sufficient background to allow leaders an opportunity to communicate risk at the Soldier level. More detailed information on this and other Army mishaps can be found on the U.S. Army Combat Readiness Center website at <https://safety.army.mil/lessonslearned>.*

*To access current U.S. Army accident statistics and reports, visit <https://safety.army.mil/STATISTICS>.*

**PRINT IT**

Additional U.S. Army Combat Readiness Center PLR resources can be found on the USACRC website at <https://safety.army.mil/PLR>.

