



22-054



On-Duty Sports, Recreation and Physical Training Mishap Claims One Soldier's Life

A Sergeant assigned to Fort Carson, Colorado, died in an on-duty sports, recreation and physical training mishap 13 July 2022 on the installation at 0704 local. The Soldier was conducting PT with his platoon when he felt faint, sat down and passed out. Members of the platoon immediately performed CPR and called for an ambulance. The Soldier was unresponsive upon his arrival at Evans Army Community Hospital (EACH). He regained vital signs at EACH but remained unresponsive. The Soldier was transferred to UCHHealth Memorial Hospital Central, where doctors noted excessive fluid in his lungs and brain. The Soldier lost his heartbeat once, was revived and then lost it again. The medical staff could not resuscitate him the second iteration. He was subsequently declared dead by the attending physician.

Since FY17, the Army has lost an average of one Soldier a year to on-duty sports, recreation and physical training mishaps. This was the fourth on-duty sports, recreation and physical training fatality of FY22.

PLRs are intended to be used as an engagement tool for leaders to discuss the hazards and trends impacting Soldier safety and readiness. The PLR contains only basic information but provides sufficient background to allow leaders an opportunity to communicate risk at the Soldier level. More detailed information on this and other Army mishaps can be found on the U.S. Army Combat Readiness Center website at <https://safety.army.mil/lessonslearned>.

**To access current U.S. Army accident statistics and reports, visit
<https://safety.army.mil/STATISTICS>.**

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Additional U.S. Army Combat Readiness Center
PLR resources can be found on the USACRC
website at <https://safety.army.mil/PLR>.

